

Breast Cancer Pillow & Pillowcase Pattern

Use $\frac{1}{4}$ " seams throughout

..... Indicates stitching line

Pillow Form

- Cut two - $9\frac{1}{2}$ " x $13\frac{1}{2}$ " pieces of fabric (muslin is fine)



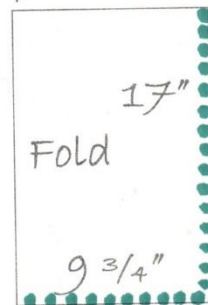
- Turn right side out, stuff.
- Turn in a $\frac{1}{4}$ " seam across opening.
- Sew shut.
- Finished size - 9 " x 13 "

Pillow case

- Cut one $19\frac{1}{2}$ " x 17 " rectangle
- Fold and iron a $\frac{1}{2}$ " hem along the longest side,

then fold again and at $1\frac{3}{4}$ ". Iron.

- Open hems to lay fabric flat. Fold right sides together with the 17 " side still straight to make a $9\frac{3}{4}$ " x 17 " rectangle
- Pin and stitch down the 17 " side and across the bottom. Zigzag the seam allowance to prevent fraying.



- Turn raw edge at the $\frac{1}{2}$ " fold line, then again on the $1\frac{3}{4}$ " fold line.
- Sew close to the hem edge.
- Finished size - $9\frac{1}{2}$ " x $14\frac{1}{2}$ ", including a $1\frac{1}{2}$ " deep hem.