

Fidget Quilt - Finished Size 20"w x 19"h

From fabric of various colors/types cut:

...2 pieces at 20.5" x 2.5" (C)

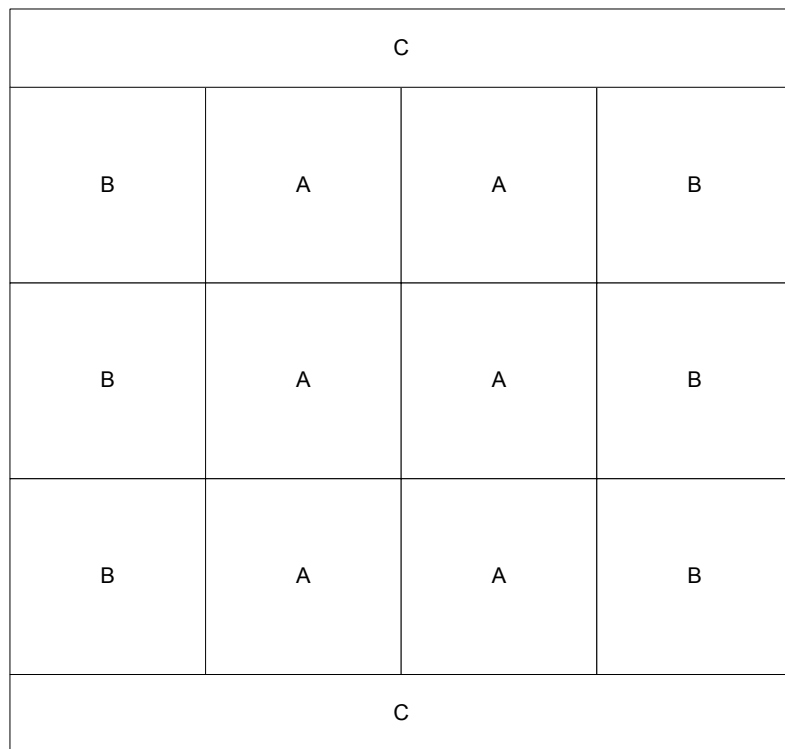
...12 pieces at 5.5" square (A, B)

See layout below:

A = Activity Block; may be any fabric but mostly plain cotton.

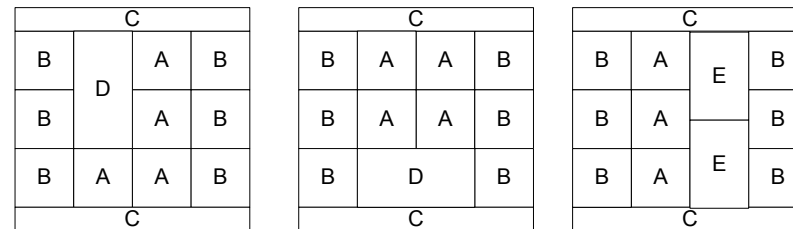
B = Tactile interest (velvet, fur, corduroy, eyelet, lace, etc.) or interesting print/colors

C = Plain cotton



Two blocks may be combined for more involved and/or larger activities, such as a zipper, either by sewing together two 5.5" blocks, or by using a "D" block as shown below in the first two diagrams below. A "D" block would be cut at 5.5"w x 10.5"h.

Another option is to replace three "A" blocks with two "E" blocks, as shown in the third diagram below. An "E" block would be cut at 5.5" x 8" for a finished size of 5" x 7.5"



Assembly:

1. Create each activity block (A, D, E) separately before sewing the blocks together. Make certain that embellishment placement allows ample room for sewing the blocks together in step 2.
- Note – You should put some type of stabilizer or interfacing on the block's back wherever you will be sewing buttons, snaps, other fasteners.
2. Sew the blocks together as shown in the sample layout(s). Seams are ¼".
- Note – Back-tack the beginning and ending of all seams for strength and durability.
3. Add the top and bottom borders.
4. Cut a backing and batting same size as the top, which should be 20.5"w x 19.5"h, but measure your top before cutting back/batting.
5. Baste the batting to the backing.
6. Make certain that embellishments on the top are not going to be in the way of stitching, then place right sides together and stitch together on all sides, leaving an opening sufficiently large enough (about 6") to allow you to turn the quilt right side out.
7. Turn the quilt right side out and stitch the opening closed.
8. Press the outer edges of the quilt. Use a pressing cloth if any area to be ironed will not stand the "cotton" setting (e.g., fake furs, faux leather, etc.)
9. "Stitch in the Ditch" around squares in the two center columns. Or, either by hand or by machine, securely tack the layers together at each intersection of the top's squares.

Ideas for activity blocks:

- ...a pocket with zipper closure
- ...a zipper just attached to the background square (no pocket underneath)
- ...a square edged with prairie points
- ...a square with narrow braid stitched down in a spiral - sort of a "finger maze"
- ...3 strands of string/cording/other that are braided and attached securely to the top of the block; there is a plain pocket (no top flap) at the bottom into which the braid may be tucked
- ...beads on a string (make sure the string/cord is FIRMLY attached in the side seams)
- ..."Peak-a-Boo Surprise" blocks: stitch a picture fussy cut from fabric or adhere an iron-on applique, then hide it with a flap that has a button "handle" to lift the flap
- ...various arrangements of fabric "tabs" to which Velcro, buttons/buttonholes, snaps, etc. are attached
- ...squares on which rick-rack and or lace are stitched
- ...a square with a piece of eyelet fabric attached with ribbon threaded through the eyelets and tied in a bow (make sure outer end of ribbon are securely attached at seams)
- ...several different pieces of ribbon cut the length of the square and sewn into the upper seam (bottom ends left loose)
- ...Similar items you may think of!